Microneedling Aftercare

Day of Microneedling

- You may be red for 12-24 hrs.
- Use serum provided, cool water, aloe, and/or hyalauronic acid to soothe as needed.
- Avoid the sun and exercise/sweating.
- No makeup before or after.
- No facial soap, wash with water only.

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Day After Microneedling: *Rebuild, Soothe, and Protect*

- Return to normal facial routine (products have much higher absorption), or use hyalauronic acid as needed.
- Apply mineral sunscreen, avoid direct/extended sunlight.

48 Hours After Microneedling & Beyond:

- Apply mineral sunscreen daily for at least one week after microneedling.
- If skin is dry or flaking, gently exfoliate with washcloth and mild soap only.
- It takes 2 weeks to fully see results from the treatment.
- Wait 4 weeks before doing another microneedling treatment.

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